



# Not Today, Celeste! : A Dog` Tale about Her Human` Depression

Liza Stevens, Contributions by Pooky Knightsmith



Celeste thinks she is the happiest dog in the world. But when she notices something different about her human, Rupert, she wonders if things will ever be the same again. Charmingly illustrated, this heart-warming story for children aged 3+ reflects some of the feelings and experiences that a child whose parent or carer has depression may face. When it comes to periods of low mood in a parent or carer, children can often feel that they are to blame, or even that the parent doesn't love them anymore. The story provides reassurance by explaining what depression is and how it is possible to find help. With a comprehensive guide for parents and professionals written by Dr Pooky Knightsmith that provides advice on discussing the topic with children, this is a truly valuable resource that will be of interest to social workers, child and school counsellors, psychologists, parents and foster parents.

- [Not Kafka : A Collection of Nasty Shorts](#)
- [N.R.Narayana Murthy](#)
- [Novy Zakon O Zamestnanosti S Komentarom](#)
- [Nova Scotia` Role in the War of 1812](#)
- [Nouvelle Iconographie de La Salpetriere, Volume 16...](#)